



DRINKS



Welcome to The Hero, our laid back, lively & dog friendly pub set in the beautiful village of Burnham Overy Staithe.

We offer food daily from 12pm through to 9pm, however, please note that our kitchen is closed for a short window between 4pm-5pm. We always aim to provide a seasonally influenced menu using locally sourced, quality produce.

We also have a great selection of beers, wines and spirits, hopefully something to quench all thirsts!

If you happen to be seated outside then please head on over to our Shed to place your order, if you're seated inside in either our bar or dining room, we offer table service throughout, so please take the weight off and let us come to you!

### Heroic Libations

Fancy something a little bit special without the 'special' price tag?

We always have a spirit on the bar and a wine or two in our cellar that are a little cut above the rest, but we offer them at cost price, so please ask a member of our team what we have at present, your tastebuds will thank you!

### Draught Beer & Cider

Woodforde's Wherry & Rotational Cask Ale	5.25 / 2.60
Adnams Mosaic Pale Ale (4.1%)	5.65 / 2.80
Adnams Dry Hopped (4.2%)	5.65 / 2.80
Peroni (5%)	6.25 / 3.10
Guinness (4.2%)	6.25 / 3.10
Aspall Cyder (4.5%)	5.75 / 2.90

### No & Low

Peroni 0.0%	4.65
Adnams Ghostship 0.5%	4.65
Lucky Saint 0.5%	4.85
Guinness 0.0%	4.85
Old Mout Berries & Cherries 0.0%	5.00

### Bottled Beer & Cider

Corona (4.6%)	4.85
Peroni GF (5.1%)	4.85
Barsham Brewery Ales	5.00
Rekorderlig Wild Berries (4%)	5.75
Rekorderlig Passionfruit (4%)	5.75

### Spritzes

Pornstar Spritz	10
Aperol Spritz	9
Pimms Cup	10
Norfolk Gin Blueberry Collins	10
Italian Spritz (Non-Alcoholic)	7





### Gin

Bombay Sapphire .....	5.00 / 8.00
Adnams Copperhouse .....	5.50 / 8.50
Adnams Copperhouse, Pink Gin .....	5.50 / 8.50
Hendricks .....	5.50 / 8.50
Tanqueray Flor De Sevilla .....	5.85 / 8.85
St Giles .....	5.85 / 8.85
St Giles Raspberry .....	5.85 / 8.85
St Giles Mandarin & Passionfruit .....	5.85 / 8.85
Botanist .....	6.00 / 9.00
Norfolk .....	6.00 / 9.00
Monkey 47.....	6.50 / 9.50
Tanqueray 10 .....	6.50 / 9.50

### Whisky

Monkey Shoulder .....	5.00 / 8.00
Jameson's .....	5.00 / 8.00
Buffalo Trace .....	5.50 / 8.50
Jura .....	5.50 / 8.50
Laphroaig 10yr (ISLAY) .....	6.00 / 9.00
Dalmore (SPEYSIDE) .....	6.00 / 9.00
Oban 14yr (HIGHLANDS) .....	6.00 / 9.00
Bladnoch Alinta (LOWLAND).....	6.00 / 9.00
Lagavulin (ISLAY) .....	6.50 / 9.50
English Whisky Co. Original .....	6.50 / 9.50
English Whisky Co. Smokey .....	6.50 / 9.50

### Rum

Havana 3yr .....	5.25 / 8.25
Redleg Spiced .....	5.50 / 8.50
Bacardi Coconut .....	5.50 / 8.50
Kraken .....	5.75 / 8.75
Mount Gay Eclipse .....	5.75 / 8.75

### Brandy

Courvoisier VS .....	5.50 / 8.50
Castarede VS Bas Armagnac .....	6.00 / 9.00
Berneroy Fine Calvados .....	6.00 / 9.00
Courvoisier XO .....	7.50 / 10.50

### Vodka

Absolut .....	5.00 / 8.00
Absolut Vanilla .....	5.50 / 8.50
Grey Goose .....	6.50 / 9.50

### Tequila

Jose Cuervo Silver .....	4.50 / 7.50
Jose Cuervo Gold .....	4.50 / 7.50

### Fevertree Tonics

Regular Tonic .....	2.75	Mediterranean Tonic .....	2.75
Light Tonic .....	2.75	Ginger Ale .....	2.75
Elderflower Tonic .....	2.75		

All spirits include a draught mixer or add a tonic for 1.50





WINES ARE SERVED 175ML, 250ML OR BY THE BOTTLE

### Whites by the Glass

**Muscadet Sevre-et-Maine sur Lie,  
Chateau du Poyet**  
2022 FRANCE

Tangy and crisp wine, partners excellently with fish or fresh salads.

7.50 / 9.50 / 28.50

**Picpoul de Pinet,  
Reserve de la Roquemoliere**  
2023 FRANCE **V**

Delicate and floral, a crowd pleasing wine that pairs beautifully with shellfish.

8.75 / 10.75 / 30

OUR HERO FAVOURITES

**Pinot Grigio,  
Venezie Vigna Mescita**  
2022 ITALY **V**

Fresh & Fruity Pinot Grigio from Northern Italy with gentle flavours of peaches and pears.

7 / 9 / 26

**Viognier IGP Pays d'Oc  
Longue Roche**  
2023 FRANCE **V**

Refreshing palate with a smooth and well rounded finish.

7.25 / 9.25 / 27.50

**Sauvignon Blanc,  
Mohua Wines**  
2022 NEW ZEALAND

A tropical NZ Sauvignon, with flavours of passionfruit, mango and lime.

8.75 / 10.75 / 30

### Reds by the Glass

**Don David Malbec,  
El Esteco**  
2022 ARGENTINA **V**

A rich Argentinian Malbec, filled with ripe berry and plum flavours.

8.75 / 10.75 / 34

**Primitivo Salento  
Boheme**  
2022 ITALY **V**

Pairs well with tomato based dishes, full of plum & black cherry flavours.

7.25 / 9.25 / 29

OUR HERO FAVOURITES

**Les Mougeottes  
Pinot Noir, Pays d'Oc**  
2022 FRANCE

A medium bodied Pinot Noir with flavours of red berry fruit and a silky long finish.

8 / 10 / 32

**Monte Llano Tinto Rioja,  
Ramon Bilbao**  
2021 SPAIN **V**

100% Tempranillo, brimming with ripe strawberries, blackberries & touch of dark chocolate.

7.25 / 9.25 / 30

**Anciens Temps Rouge,  
Merlot / Carignan**  
2022 FRANCE **V**

A round and full-bodied Merlot blend with ripe fruits coming through.

7 / 9 / 27

### Whites by the Bottle

**Gavi di Gavi,  
La Minaia, Nicola Bergaglio**  
2022 ITALY **V**

Pairs well with fish & shellfish but equally quaffable on it's own, you'll get flavours of apple, lemon & melon.

34

**Dragonstone Riesling Off-Dry,  
Weingut Leitz**  
2022 GERMANY **V**

A lightly sweet German Riesling, with an interesting complexity and hints of pear, pineapple & lime.

34

**Albarino,  
Martin Codax**  
2022 SPAIN **V**

A bright and clear wine with hints of green apple, pairing beautifully with white meat dishes.

37

**Carignan,  
Les Archeres**  
2022 FRANCE

With hints of vanilla on the nose this is a full flavoured and easy drinking Carignan.

28

**Bordeaux Supérieur,  
Chateau Camarsac Vieilles Vignes**  
2020 FRANCE

A warm, spicy Bordeaux, hints of cinnamon & clove, followed by juicy red and black fruits.

36

**Ludovico Rosso,  
Tenute Orestyadi**  
2019 ITALY **V**

Nero d'Avola & Cabernet Sauvignon grapes are used to produce a full and fruity Sicilian red.

38

OUR HERO FAVOURITES

**Chardonnay,  
Cannonball, California**  
2021 USA

A friendly, easy going and fun Chardonnay with hints of juicy pears and a creamy texture that works stunningly with chicken or seafood.

44

**Chablis,  
Joseph Drouhin**  
2022 FRANCE

An elegant Chablis, aged in older oak barrels for 12 months, herbaceous on the nose with lemon & grapefruit in the mouth.

50

**Cloudy Bay,  
Sauvignon Blanc**  
2023 NEW ZEALAND

A mouthwateringly good New Zealand Sauvignon Blanc, juicy citrus favours with big hits of passionfruit, peach and guava.

55

OUR HERO FAVOURITES

### Reds by the Bottle

**The Gentleman Cabernet Sauvignon,  
Teusner, Barossa**  
2021 AUSTRALIA **V**

A delicious Barossa Cabernet, stylish, elegant and generously fruited. Tastes of sweet cassis with savoury tannins.

45

**Chateauneuf-du Pape Rouge,  
Cuvee Les Pierres**  
2021 FRANCE **V**

A complex and elegant, ruby red wine, with silky tannins this pairs beautifully with roasted meats and cheese.

52

**Barolo DOCG,  
Ascheri**  
2020 ITALY **V**

100% Nebbiolo grapes, this is a rich and fragrant Barolo with sweet spice and a touch of leather.

60

**V** - VEGAN | WINES CAN BE SERVED AS A 125ML MEASURE UPON REQUEST

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### Rosé

#### Pinot Grigio Rose, Venezia Vigna Mescita Sartori

2022 ITALY **V**

Citrus notes with strawberry on the finish.  
7 / 9 / 26

#### Cotes De Provence, La Vidaubanaise

2023 FRANCE

A delightful, light pink provencal rose, awash  
with wild strawberries, lavender & rosemary.  
8.75 / 10.75 / 32

#### Cobble Hill, Pinot Noir

UK

This wine is from the award winning 3.6  
hectare vineyard that sits only a 15 minute  
drive away from our pub. The perfect summer  
wine, red fruit flavours and just a hint of citrus.

34

#### Whispering Angel Rose, Chateau D'Esclans

2023 FRANCE

A delightfully fresh rose with tart berries and cream, best enjoyed amongst friends.

52

OUR HERO FAVOURITES

### Fizz & Champers

#### Via Vai, NV Prosecco

ITALY **V**

A lively prosecco, fragrant with white flowers, with  
a delicate lemon & lime freshness in the mouth.

6.50 / 30

#### Gobillard, NV Brut Tradition

FRANCE

A supple &  
quaffable champagne.

56

#### Veuve Clicquot NV Yellow Label Brut

FRANCE **V**

A happy marriage of apples, pears and  
hawthorn flowers, enlivened by bubbles.

75

### No & Low

#### Copenhagen Organic Sparkling Tea Green

5% ABV **V**

Green & white teas, with notes of lemongrass  
and ginger. A crisp and fresh low alcohol  
drinking experience.

32

OUR HERO FAVOURITES

#### Eins Zwei Zero Riesling, Leitz

0.0% ABV

Impressively tasty alcohol-free Riesling,  
with flavours of citrus and rhubarb.

5.25 / 7.25 / 22

### Softs

Coca-Cola .....	4.00 / 2.50
Coca-Cola Diet .....	4.00 / 2.50
Schweppes Lemonade .....	4.00 / 2.50
Coastal Still or Sparkling Water (reg or lrg) .....	3.00 / 4.50
Hartridges .....	3.60
Orange & Passionfruit, Apple & Raspberry or Apple & Mango	
Appletiser .....	3.60
Elderflower Presse .....	3.35
San Pellegrino Lemon .....	3.60
Fentimans Ginger Beer .....	3.60
Big Tom .....	3.50
Juices .....	2.50 / 4.00
Orange, Apple, Pineapple or Cranberry	
Cordials .....	1.25 / 2.30
Blackcurrant, Orange or Lime	

### Snacks

Pork Scratchings .....	1.30
Nobby's Nuts .....	1.30
Salted, Dry Roasted, Sweet Chilli	
Scampi Fries & Bacon Fries .....	1.30
Pipers Crisps .....	1.30
Sea Salt, Cider Vinegar & Sea Salt, Cheddar & Onion, Jalapeno & Dill, Longhorn Beef, Chorizo, Sweet Chilli	
Pooch's Dog Treats.....	4.00

**V** - VEGAN | WINES CAN BE SERVED AS A 125ML MEASURE UPON REQUEST





### Hot Drinks

Americano .....	3.00
Capuccino .....	3.75
Latte .....	3.75
Flat White .....	3.50
Espresso .....	2.75
Double Espresso .....	3.00
Macchiato .....	3.00
Double Macchiato .....	3.50
Mocha .....	3.50
Hot Chocolate .....	3.75
Babycino .....	2.50
Brew Tea Co. Teas .....	3.00
English Breakfast, Earl Grey, Lemon & Ginger, Moroccan Mint, Yunnan Green	

IF YOU'RE HEADING INTO NORWICH, DON'T FORGET TO CHECK OUR OUR OTHER PUBS...



THE WILDMAN  
WILDMANNORWICH.CO.UK



THE DRAWING ROOMS  
DRAWINGROOMSNORWICH.CO.UK



THE TEN BELLS  
TENBELLSNORWICH.CO.UK



## FANCY STICKING AROUND FOR BREAKFAST?

Did you know that you can also stay at The Hero, in one of our 3 beautiful, dog friendly, double rooms?

If you want to find out more then please ask a member of the Hero team or check out our website;

[THEHEROBYRNHAMOVERY.CO.UK](http://THEHEROBYRNHAMOVERY.CO.UK)



WHY NOT GIVE US A FOLLOW  
ON INSTAGRAM

